## **Review Article**

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# Targeting BCMA with belantamab mafodotin: A review of mechanisms, clinical efficacy and future directions

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## Abstract

Multiple Myeloma (MM) remains a challenging and incurable malignancy, particularly in patients with severe relapsed/refractory (RRMM) disease who struggle to achieve significant response despite being on combination therapy [1].

Despite the advent of various immunotherapies treating patients with RRMM especially in triple refractory populations has been challenging, the discovery of novel therapeutic agent Belantamab Mafodotin, an anti BCMA antibody-drug conjugate targeting B-cell maturation antigen, have opened new avenues for treating these patients [2].

Initially approved by the FDA in august 2020 for RRMM patients who had received at least 4 prior therapies, belantamab mafodotin demonstrates encouraging effectiveness with response rates around 31-34% as shown the phase 2 DREAMM-2 trial [3]. However, the use of belantamab mafodotin has been convoluted by ocular toxicities such as keratopathy, corneal adverse events and transfusion reactions [4].

## Introduction

MM accounts for 1.8% of new cancer diagnoses and 2.1% of all cancer related deaths in United States [5], with the median age of diagnosis being around 65-70 years [6].

MM is characterized by abnormal plasma cell proliferation in the bone marrow, producing an excess of Monoclonal protein (M-protein) detected in blood and urine [7]. This M-protein causes specific organ damage resulting in the signs and symptoms such as hypercalcemia, renal insufficiency anemia, amyloidosis and osteolytic bone lesions [8]. The diagnosis of MM requires the presence of  $\geq 10\%$  plasma cells on bone marrow exam or biopsy proven plasmacytoma alongside at least one Myeloma defining event [9].

Treatment induction usually begins as combination therapy with a proteosome inhibitor, an immunomodulatory agent, a steroid and/or a monoclonal antibody [10,11]. However, less than 10% of patients achieve sustained response after 5-10 years, and overall survival in patients taking at least 3 lines of therapy is still poor [12].

MM progresses in a remitting relapsing manner and, due to its innate stem cell like nature and interactions with the microenvironment, eventually achieves drug resistance [13]. Prognosis is exceptionally poor in CD38 antibody resistant cell lines with median overall survival being less than 1 year [14].

This presents an unmet therapeutic need for novel agents to treat such patients with drug resistant RRMM. As such the B-cell maturation antigen has emerged as an attractive target for the treatment of MM in recent years.

Belantamab mafodotin acts as an antibody-drug conjugate, which specifically targets B-cell maturation antigen, a protein present on the cell surface, which is expressed selectively on plasma cells and all multiple myeloma cells [15].

This specific targeting permits for the direct delivery of Monomethyl Auristatin F (MMAF), a cytotoxic agent, to tumor cells thus contributing to a distinctly different mechanism of action compared to traditional chemotherapy or immunotherapy[16].

Its high efficacy in killing tumour cells and reduced off-target effects provide a dual advantage, considered critical in heavily pretreated populations who have exhausted other treatment options. However, the unique toxicity profile of Belantamab, particularly its penchant for ocular toxicities, has made its use somewhat challenging [17].

Our study aims to explore the mechanism of action and efficacy of Belantamab mafodotin through studying various drug trials and compares it to existing agents used in the treatment of MM.

## **Mechanism of Action**

The structure of belantamab mafodotin is comprised of 3 main parts. An anti-BCMA monoclonal antibody component, which binds selectively to BCMA on myeloma cells and leads to internalization of the complex, A linker molecule which is cleaved in the lysosomal compartment of the cell, and monomethyl auristatin F, the cytotoxic component of the drug, which exerts its effects by disruption of the microtubule network essential for the cell division [16].

BCMA plays a vital role in the growth of the myeloma cells through various signalling pathways, such as NF-kB, which drives cell survival and proliferation [18]. Belantamab binds to BCMA and inhibits this pathway leading to apoptosis. Furthermore, the cytotoxic component, monomethyl auristatin F, is a potent disruptor of immune cell division; leading to the cell cycle arrest at the G2/M phase followed by apoptosis by binding to tubulin and inhibiting its polymerization, a step crucial for viability and cell division [19].

This conjugate mechanism of belantamab mafodotin allows for the direct delivery of cytotoxic components to the myeloma cells, minimizing its exposure to non-target cells. This contrasts with CD 38 antibodies like daratumumab and isatuximab, whose primary function is through immune mediated mechanisms and direct apoptosis without delivery of a cytotoxic component [20].



## **Clinical Efficacy**

DREAMM-1 was the first human open label study that assessed the safety and pharmocokinetics of Belantamab in patients with RRMM. The study a phase II trial, testing the efficacy of 3.4 mg/kg of Belantamab on participants with results showing an Overall Risk Reduction (ORR) of 60% and Progression Free Survival (PFS) of 7.9 months. After a 14-month follow-up, the PFS had extended upto 12 months, and as such 54% of patients were deemed to have shown a Very Good Partial Response (VGPR) [21].

The success of DREAMM-1 study led to researchers expanding the trial as the DREAMM-2 study an open-label, randomized trial studying the effects of 2 doses of belantamab: The original dose of 3.4 mg/kg vs a newer dose of 2.5 mg/kg, given intravenously once every 3 weeks [16,22]. The DREAMM-2 tested these doses on RRMM patients with  $\geq$ 4 prior therapies; including an anti-CD38 mAb, a Protease Inhibitors and an Immunomodulatory agent. While both doses showed similar efficacies of 31% and 34% respectively, the incidence of adverse effects such as keratopathy, thrombocytopenia and anemia were significantly lower in the 2.5 mg/kg population, making it the FDA approved standard. Keratopathies were dealt with by dose reductions or dose delays.

| Trial<br>Name | Phase | NCT<br>Number   | Patient<br>Demographics  | Study Design                              | Primary<br>Objectives  | Outcome<br>Measures  | Key Findings  | Current<br>Status | References |
|---------------|-------|-----------------|--|---|--|--|---|-------------------|------------|
| DREAM M-1     | 1/2   | NCT02064<br>387 | Adults with<br>relapsed/refra<br>ctory MM  | Dose-escalation<br>and expansion<br>study | Evaluate safety,<br>tolerability, and<br>preliminary<br>efficacy | ORR, safety<br>profile,<br>pharmacokin<br>etics, dose-<br>limiting<br>toxicities | Identified optimal dosing<br>and established preliminary<br>efficacy; ORR of 60% in the<br>dose- expansion cohort       | Completed         | [22]       |
| DREAM M-2     | 2     | NCT03525<br>678 | RRMM with ≥4<br>prior therapies,<br>including an<br>anti-CD38 mAb,<br>PI, and IMiD | Two-cohort,<br>open-label                 | Assess efficacy and<br>safety at two dose<br>levels              | ORR, duration<br>of response,<br>time to<br>response, PFS                        | ORR of 31% at 2.5 mg/<br>kg and 34% at 3.4 mg/kg;<br>significant keratopathy<br>issues necessitated dose<br>adjustments | Completed         | [16]       |

| DREAM M-3 | 3   | NCT04162<br>210 | RRMM, ≥2 prior<br>lines including<br>an anti-CD38<br>mAb | Randomized<br>trial comparing<br>belantamab<br>mafodotin to<br>pomalidomide +<br>dexamethasone     | Evaluate PFS<br>when compared to<br>standard treatment                             | PFS, ORR,<br>safety profile,<br>quality of life        | Trial ongoing, aiming to<br>establish superiority in<br>efficacy and safety over<br>current therapies        | Ongoing  | [23] |
|-----------|-----|-----------------|--|--|--|--|--|----------|------|
| DREAM M-4 | 1/2 | NCT03848<br>845 | RRMM   | Combination<br>study with<br>pembrolizumab   | Assess safety<br>and preliminary<br>efficacy of the<br>combinati on<br>therapy     | ORR, safety<br>profiles,<br>biomarker<br>analysis      | Early results indicate<br>manageable safety and<br>potential for enhanced<br>efJicacy with pembrolizu<br>mab | Ongoing  | [24] |
| DREAM M-5 | 2   | NCT04126<br>200 | RRMM   | Platform trial<br>testing various<br>combinations<br>with belantamab                               | Evaluate safety<br>and efficacy<br>across different<br>therapeutic<br>combinations | ORR, PFS,<br>safety profiles                           | Investigating multiple<br>combinations to identify<br>optimal therapeutic<br>strategies; ongoing study       | Ongoing  | [25] |
| DREAM M-6 | 1/2 | NCT03544<br>281 | RRMM   | Study combining<br>belantamab<br>mafodotin with<br>bortezomib and<br>dexamethasone                 | Explore the safety,<br>tolerability, and<br>efficacy of the<br>combination         | ORR, PFS, OS,<br>safety and<br>tolerability<br>metrics | Early results show promise<br>with manageable side<br>effects; ongoing study                                 | Ongoing  | [26] |
| DREAM M-7 | 3   | NCT04484<br>623 | RRMM, ≥2 prior<br>therapies                              | Randomized<br>trial comparing<br>different<br>combinations<br>involving<br>belantamb<br>mafodotin  | Determine the<br>efficacy and<br>safety of various<br>combination<br>regimens      | PFS, ORR, OS,<br>safety profiles                       | Evaluates the efficacy<br>of different therapeutic<br>combinations; ongoing trial                            | Ongoing  | [27] |
| DREAM M-8 | 3   | NCT04484<br>623 | RRMM, ≥2 prior<br>therapies                              | Randomized<br>trial comparing<br>different<br>combinations<br>involving<br>belantamab<br>Mafodotin | Determin e the<br>efficacy and<br>safety of various<br>combination<br>regimens     | PFS, ORR, OS,<br>safety profiles                       | Evaluates the efficacy<br>of different therapeutic<br>combinations; ongoing trial                            | Ongoing  | [28] |
| DREAM M-9 | 1   | NCT04091<br>126 | Newly<br>diagnosed MM                                    | Evaluating<br>belantama b<br>mafodotin with a<br>frontline therapy<br>regimen                      | Assess safety,<br>efFicacy, and depth<br>of response in<br>frontline settings      | ORR, PFS,<br>MRD status,<br>safety proFiles            | Early phase study to assess<br>integration into frontline<br>therapy; ongoing                                | Ongoin g | [29] |

# **Comparison with other Drugs**

#### Immunotherapy

**CD38 Antagonists:** Daratumumab (DARA) is an Immunoglobulin G1 kappa (IgG1k) human monoclonal antibody that works by binding the cell surface antigen CD38 [30]. DARA induces tumor cell death through Complement Dependent Cytotoxicity (CDC) and Antibody-Dependant Cell-Mediated Cytotoxicity (ADCC) and has been shown to induce Antibody Dependant Cellular Phagocytosis (ADCP) due to it having Fc-dependent anti-tumor function [31-33]. DARA has also shown FcR-mediated crosslinking with CD38 expressing cancer cells and inducing apoptosis [31-34].

**Slamf7/CS1:** Elotuzumab is a monoclonal antibody that binds to CS1 adhesion molecules belonging to the SLAM (Signalling Lymphocytic Activation Molecule) family of receptors expressed on the surface of MM cells [35]. Elotuzumab activity is mediated by Fcy receptor mediated activation of Natural Killer (NK) cells via CS1 binding causing ADCP [36]. Furthermore, it also enhances NK cell cytotoxicity independent of

ADCC through CS1-CS1 interactions between NK and target cells.

#### Immunomodulators

Immunomodulators (IMiDs) have both direct tumor cytotoxicity while indirectly interfering with the tumor microenviorment. They downregulate NF-κB signaling and induce JNK mediated apoptosis through the capsase 8 pathway [37]. They also inhibit the production of IL-6 and vascular endothelial growth factor preventing growth and proliferation of myeloma cells while simultaneously activating T-cells to produce IL-2, altering NK cell function and promoting NK-dependent cytotoxicity [38,39].

Additionally, Thalidomide and its derivatives, Lenalidomide and Pomalidomide, bind to cereblon causing the downregulation of IRF4, a prominent survival factor in MM cells. Decreased IRF4 levels lead to the degradation of transcription factors Ikaros (Ikaros family zinc finger protein 1) and Aiolos (Ikaros family zinc finger protein 3) required for tumor cell proliferation [40].

While Thalidomide and its derivatives demonstrate similar biologic properties, Lenalidomide and Pomalidomide are more potent, achieving better responses at lower doses and have better safety profiles [37].

#### **Proteasome inhibitors**

Proteosome Inhibitors (PI) have been the backbone of MM therapy. Bortezomib in 2003, carfilzomib in 2012 and ixazomib in 2015 were approved by the FDA for the treatment of patients with MM [41].

Bortezomib, the most commonly used proteasome inhibitor, is a 26S proteasome inhibitor which induces accumulation of intracellular misfolded or unfolded proteins causing Endoplasmic Reticular (ER) stress with which triggers the proapoptotic Unfolded Protein Response (UPR), it additionally prevents degradation of I $\kappa$ B and activation of NF $\kappa$ B which supresses the production of survival factors [42]. It also causes immunogenic cell dealth via expression of heat shock protein 90, increasing cancer cell recognition by dendritic cells [43]. Additionally, it causes the release of Calreticulin (CALR) chaperone protein due to action ER stress kinase eIF2 $\alpha$  kinase-3, and its migration to the plasma membrane surface where it initiates phagocytosis of dying cells by dendritic cells [44]. It also initiates the activation of the STING pathway that enhances cancer antigen presentation and upregulating detection and elimination by T cells [44].

Carfilzomib is a peptide epoxyketone and a second-generation PI that irreversibly binds proteasome triggering UPR mediated apoptosis [45]. Uniquely, it inhibits the chymotrypsin-like activity of proteasome inducing p53-mediated apoptosis [46]. Importantly, it shows increased efficacy and safety profile compared with bortezomib. It also shows efficacy against bortezomib- resistant MM cell lines [47,48].

Ixazomib is citrate ester of boronic acid and the first second-generation PI with oral bioavailability. It acts through the same mechanism as bortezomib by reversibly binding to and inhibiting the 26S proteasome responsible for protein degradation [49]. It, like carfilzomib, shows favourable safety profile and action against bortezomib-resistant MM [50].

#### **Alkylating agents**

The role of alkylating agents such as Melphalam, cyclophosphamide has changed from front-line agents in recent years, replaced by more active combinations of PI, IMiD and monoclonal CD38 antibodies.

These agents function by interfering with base repair by excision and opening of the guanine ring through alkylation of guanine. They also interfere with DNA transcription and replication through intra and inter strand cross linking [51].

Melphalan flufenamide (Melflufen) is recently creating traction for its role in the treatment of relapsed/refractory MM. Melflufen is a peptide drug conjugate that, on entry into tumor cells, is hydrolyzed by peptidases to release alkylating agents [52]. Melflufen has demonstrated action against both bortezomibresistant as well as Melphalam resistent MM strains, and is 50 times more potent than melphalam due to its high lipophilicity and intracellular peptide bindingpotential [51].

#### Glucocorticoids

Steroid medication in combination with other agents help augment the treatment of MM with Dexamethasone being the most commonly used agent [53]. Dexamethasone has shown to induce apoptosis in MM cells by inhibiting NF- $\kappa$ B and upregulating I $\kappa$ B activity [54]. However their significant adverse effect profile impact patient quality of life and therefore limit their use [55].

## **Summary**

Multiple myeloma is characterised by its relapsing remitting nature, despite various breakthroughs in treatment modalities and aggressive treatment, the long-term prognosis remains poor, especially in patients resistant to multiple lines of therapy [54,53].

As such CD38 monoclonal antibodies such as daratumumab, have become an essential component in the treatment of MM [56,57].

However, Cell lines resistant to CD38 mAb have become more prevalent [58]. The challenge of treating CD-38 resistant MM necessitates the development of novel treatment modalities that overcome or bypass this roadblock.

The discovery of belantamab mafodotin, an antibody-drug conjugate, introduces a new modality of treatment with combative potential against resistant disease, by targeting BCMA found on the surface of tumor cells [59].

The DREAMM clinical trials have been a game changer in the evaluation of clinical efficacy and safety of belantamab mafodotin in various patient populations. The DREAMM 1 phase I / II trial demonstrated an Overall Response Rate (ORR) of 60% and a Progression Free Survival (PFS) OF 7.9 months, which extended to around 12 months with a longer follow up [60].

The DREAMM 2 phase II trail, established the recommended dosage of belantamab mafodotin at 2.5 mg/kg with a reported ORR of 31% and better tolerability in terms of adverse effects, particularly ocular toxicities such as keratopathy and anemia [61].

Early results from the DREAMM 4 and DREAMM 6 trials studying the effects of adding Belatumab as part of combination therapy with pembrolizumab and bortezomib/dexamethasone, respectively, report enhanced efficacy when compared with control [24,26].

While Belantamab mafodotin opens new doors for the treatment of RRMM, it's use remains controversial due to a significant side effect profile, mainly comprising of ocular toxicities such as keratopathy, anemia, thrombocytopenia and transfusion reactions, that are managed by either dose reductions or delays in treatment in conjunction to close monitoring of patients. The management of these side effects is key to maximizing the therapeutic potential of belantamab, alongside minimizing harm to the patient [62,2]. Despite promising results of the DREAMM trials, further studies are necessary to enhance and optimise the use of belantamab in clinical practice. Further research should focus on various strategies to negate prominent side effects, explore various combination therapies that enhance efficacy, and determine long term survival outcomes in patients treated with belantamab. Additionally, creating a deeper understanding of the mechanism of action of the drug may be critical in preventing drug resistance and developing future therapies for RRMM.

## Conclusion

Belantamab an antibody drug conjugate, through targeting BCMA on the surface of tumour cells, displays significant benefits in progression free survival and overall response rate in patients with relapsed or refractory MM. This was especially important for patients with CD38 resistant cell lines and can be an avenue worthy of exploration for patients with multi drug resistant MM. However, the ocular side effects from its use create challenges in treatment that require careful management to optimise patient outcome.

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