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Intravenous liposomal amphotericin B efficacy and safety for localized cutaneous leishmaniasis: Case series

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Abstract

Background: Cutaneous Leishmaniasis (CL) is a skin infection caused by several Leishmania parasites transmitted through sandfly bites, characterized mostly by skin nodules and ulcers in affected individuals. Leishmaniasis is present in the tropical and subtropical temperate areas of the world and throughout the Mediterranean region, particularly in the southern Italian regions such as Calabria and Sicily.

Intravenous Liposomal Amphotericin B (IV L-AmB) is the most effective therapeutic agent for the visceral form of leishmaniasis, but its utilization is growing also for CL.

Methods: Here we report the clinical features and images of four patients affected by localized CL due to *Leishmania* major, successfully treated with IV L-AmB.

Results: We observed four patients (3M, 1F, average age: 69 years) with localized CL initially presenting with different skin lesions (e.g. erythematous plaques, papules, or ulcerated lesions), treated with IV L-Amb 3 mg/kg/day infusion from day 1 to day 5 followed by one infusion on day 10 after the failure of local or systemic treatments. An excellent clinical improvement was recorded in all patients, with only a singular infusion reaction and transitory gastrointestinal side effects. No relapses were found in all patients, during the follow-up period (maximum of 5 years).

Conclusion: Our case series confirms that CL can present with various and challenging clinical manifestations. Our results suggest that IV L-AmB could be a promising and safe systemic therapy in CL caused by *L. major.*

Keywords: Cutaneous leishmaniasis; Leishmania major; Intravenous liposomal amphotericin B.

Introduction

Leishmaniasis is a parasitic disease caused by protozoa of the genus Leishmania, transmitted by sand fly vectors. Human leishmaniasis involves over 20 distinct species, with infections geographically distributed between the Old World (Mediterranean, Middle East, Africa, and Asia) and the New World (Americas) [1].

Different forms of leishmaniasis encompass Cutaneous Leishmaniasis (CL), Mucosal Leishmaniasis (ML) and Visceral Leishmaniasis (VL). CL involves localized forms (LCL) and rarer diffuse forms (DCL). Common clinical presentations are singular or multiple lesions often occurring in the exposed areas of the skin, including pink papules, nodules, plaque lesions and painless chronic ulcers [2]. Symptomatic CL can manifest after an incubation period from weeks to months [3]. The natural progression of LCL comprises the development of an atrophic and depressed scar or complete healing over months or years [4].

The diagnosis and treatment of LCL are challenging due to the need for standardized laboratory techniques and specialized physicians [5].

Local therapy, such as paromomycin 15% cream or intralesional pentavalent antimonials, are a reasonable option for uncomplicated CL. Systemic therapy is warranted in complicated CL, immunocompromised individuals, chronic lesions, and patients with increased risk factors for ML [6]. Some studies showed that antifungal azoles (fluconazole and itraconazole) can be effective against CL [7]. Intravenous agents for CL include pentavalent antimonials, Liposomal Amphotericin B formulation (L-AmB), and pentamidine. Historically, pentavalent antimonials have been the gold standard parenteral therapy of CL [8]. However, antimonials are not commercially available for human use in Italy anymore. Previously, L-AmB was exclusively used for VL treatment. Recent years have shown its clinical effectiveness in CL as well, making it an emerging option for CL therapy [9,10]. Here we report four CL cases successfully and safely treated with intravenous (i.v.) L-AmB.

Case Series

Case 1: A 57-year-old male initially presented with a one-year-old pink-coloured papule on his left leg. Over time, the papule enlarged and formed a plaque-like lesion with a central softening. It was surrounded by a distinct, raised and hardened border with a painless ulceration at the center. Small satellite lesions surrounded the ulcer (Figure 1). There were no systemic symptoms like fever, asthenia and malaise. Skin biopsy revealed the presence of parasites inside macrophages suggesting Leishmania infection. Quantitative Polymerase Chain Reaction (PCR) disclosed L. major species. Therefore, a diagnosis of LCL was made. The patient underwent topical paramomycin 15% once daily for one month with no clinical improvement. After obtaining informed consent, a subsequent therapy with i.v. L-AmB 3 mg/kg/day infusion from day 1 to day 5 followed by one infusion on day 10 determined remarkable improvement. At the end of three months, the lesion completely healed, showing only post-inflammatory hyperpigmentation (Figure 2). No adverse events were reported during the treatment. No clinical relapses were observed during the two-year follow-up.



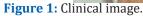




Figure 2: Clinical image.

Case 2: A 69-year-old woman reported a six-month history of a single painless erythematous papule on her nose and upper eyelid, which progressively worsened into a large erythematous and edematous area without satellite papules. At the time of our first observation, we noted a broad infiltrated plaque with irregular margins sparing mucocutaneous areas (Figure 3). The LCL diagnosis was confirmed by staining a smear from a tissue fragment at the ulcer's edge with May-Grunwald-Giemsa (MGG). Leishmania parasites were evident inside the cytoplasm of histiocytic cells. PCR revealed L. major species. She was treated with topical paromomycin cream 15% once daily for 1 month with no improvement. Hence, after obtaining informed consent, the therapy with IV L-AmB 3 mg/kg/day infusion from day 1 to day 5 followed by one infusion on day 10 determined the complete healing of the affected area, with reduced swelling and mild erythema. Only a post-inflammatory hyperpigmentation persisted after three months (Figure 4). No adverse events occurred during the treatment and no new recurrences were reported during the 3-year follow-up period.





Figure 4: Clinical image.

Case 3: An immunocompromised 82-year-old man had a history of colorectal cancer treated with chemotherapy. Approximately 6 months before presentation, he developed an erythematous plaque on the right cheek extending to the right temporal region and forehead, with overlying crusting and ulceration (Figure 5). The lesion was pruritic and not painful. The skin examination revealed normal underlying mucosa. Over the past few months, the lesion had been incorrectly treated with topical corticosteroids with progressive enlargement over time. A skin biopsy performed on the right cheek showed pseudoepitheliomatous hyperplasia of the epidermis with a polymorphic inflammatory granuloma consisting of epithelioid and plasma cells. PCR confirmed L. major species and the diagnosis of an extensive facial CL was made. The patient was initially treated with itraconazole 200 mg per day for 3 weeks without improvement. Subsequently, after obtaining informed consent, IV L-AmB therapy was initiated at a dosage of 3 mg/kg/day infusion from day 1 to day 5 followed by one infusion on day 10. The patient reported a possible infusion reaction characterized by the onset of arterial hypotension and a brief loss of consciousness. The infusion speed was slowed for the subsequent infusions and no more adverse events were noted. After 3 months, we observe the partial resolution of the inflammation with mild residual erythema without crusts or ulcers (Figure 6). No recurrences were recorded during the following 5 years.



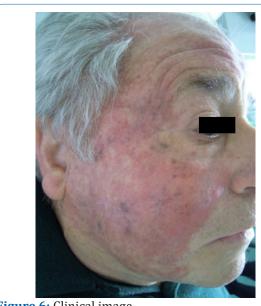


Figure 6: Clinical image.

Case 4: A 68-year-old man, who has a history of psoriatic arthritis treated with adalimumab, presented with an ulcerated skin lesion on the scalp slowly growing for 8 months, preceded by an insect bite one year earlier. Upon skin examination, we observed an ulcerated nodule associated with swelling in the right parietal region (Figure 7). There were no signs or symptoms of systemic involvement. RT-PCR analysis on a punch biopsy specimen tested positive for L. major species, making the diagnosis of LCL definitive. Adalimumab therapy was discontinued. The itraconazole 200 mg per day for 3 weeks therapy initially administered did not yield any improvement, prompting the introduction, after obtaining informed consent, of IV L-AmB therapy at a dosage of 3 mg/kg/day infusion from day 1 to day 5 followed by one infusion on day 10, leading to complete resolution of the ulcer within two months (Figure 8). The patient reported nausea and vomiting during the early stages of the infusions, which resolved at the end of the therapy. No recurrences were reported during the next five years of follow-up.





Figure 8: Clinical image.

Discussion

We documented four patients referring to our Dermatology department with different clinical manifestations of CL due to L. major successfully treated with IV L-AmB. Demographic and clinical features of our CL cases are presented in Table 1. Amphotericin B (AmB) disrupts fungal cell membranes by interacting with ergosterol, causing ion leakage and cell death. It was considered second-line therapy for CL and MCL during the 1960s. Its use was limited due to renal toxicity, systemic effects, costs, and logistical difficulties in endemic areas [11]. The liposomal form of AmB is preferred due to its reduced toxicity compared to the conventional deoxycholate form [12]. Wortmann et al. [13] observed an 84% response rate among a cohort of 20 patients diagnosed with CL caused by different parasite strains, treated with a regimen of 3 mg/kg/ day of L-AmB over 21 days. Guery et al. [14] suggested that L. infantum species may be more susceptible to L-AmB, but also individual factors such as age, immunosuppression state and comorbidities should be considered [14]. Senchaya et al [15]. Reported a higher response rate (72%) in CL treated with short-term L-AmB therapy, leading to shorter hospitalization periods. Lemieux et al. [16] reported a response rate of 69% in 48 patients with CL. Among various studies, the most frequent adverse effects included urticarial rash, acute kidney injury, nausea and vomiting [17]. L-Amb may cause infusion-related reactions such as flank/abdominal pain, chest discomfort, and dyspnea [13-20]. The majority of the current studies documented the efficacy of L-AmB for CL related to *L. tropica* or *L. infantum*, while limited evidence is available for L. major [11,21,22].

Our case series highlighted the efficacy and tolerability of IV L-AmB as a second-line treatment in CL due to L. major, confirming the occurrence of only a few adverse events in 2 patients (mild infusion reactions, nausea and vomiting). No patients had to interrupt prematurely the treatment.

All patients underwent regular follow-ups for at least two years because of the well-known risk of relapses on the site of the primary ulcer [23].

Table 1: Demographic and clinical features of our CL cases.

Case	Patient demographics	Immuno- compromised state	Clinical features	Leishmania complex	Treatment regimen	Follow-up Range, mo	Adverse reactions
1	М, 57 у	No	LCL on the left leg	L. major	Topical paromomycin cream 15% followed by IV L-AmB	24-Jan	No
2	F, 69 y	No	LCL on the nose and upper eyelid	L. major	Topical paromomycin cream 15% followed by IV L-AmB	Jan-36	No
3	М, 82 у	Yes	Extensive facial CL	L. major	Itraconazole per os followed by IV L-AmB	Jan-60	Infusion reaction
4	М, 68 у	No	Ulcerated CL on the scalp	L. major	Itraconazole per os followed by IV L-AmB	Jan-60	GI symptoms

LCL: Localized Cutaneous Leishmaniasis; CL: Cutaneous Leishmaniasis; L. Major: Leishmania Major; IV L-AmB: Intravenous Liposomal Amphotericin B; GI: Gastrointestinal.

Conclusion

Our study examining mild-to-moderate CL cases suggests that intravenous L-AmB may serve as an effective and safe treatment in CL caused by L. major, even after the failure of prior therapies. Therefore, since antimonials are not commercially available for human use in Italy anymore, intravenous L-AmB could potentially become a first-line therapy in the future.

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